

For Life!

Spring 2018



MEADOWS HEALTH

Vidalia, GA

Building a Strong Health System

When we say we're far more than a hospital, what does that mean?

It means creating an integrated, comprehensive health network. A network that attracts and supports a wider range of specialty medicine services than most rural communities.

It means providing not only specialty services but primary care as well, so that residents can arm themselves with quality, preventive care in the fight against chronic diseases that impact our state.

It means anticipating the needs of a community and planning for the future

through the addition of a comprehensive cancer center, a wound care center, an expanded women's center, an ultra-modern cardiovascular lab and surgical suites equipped with the latest technology.

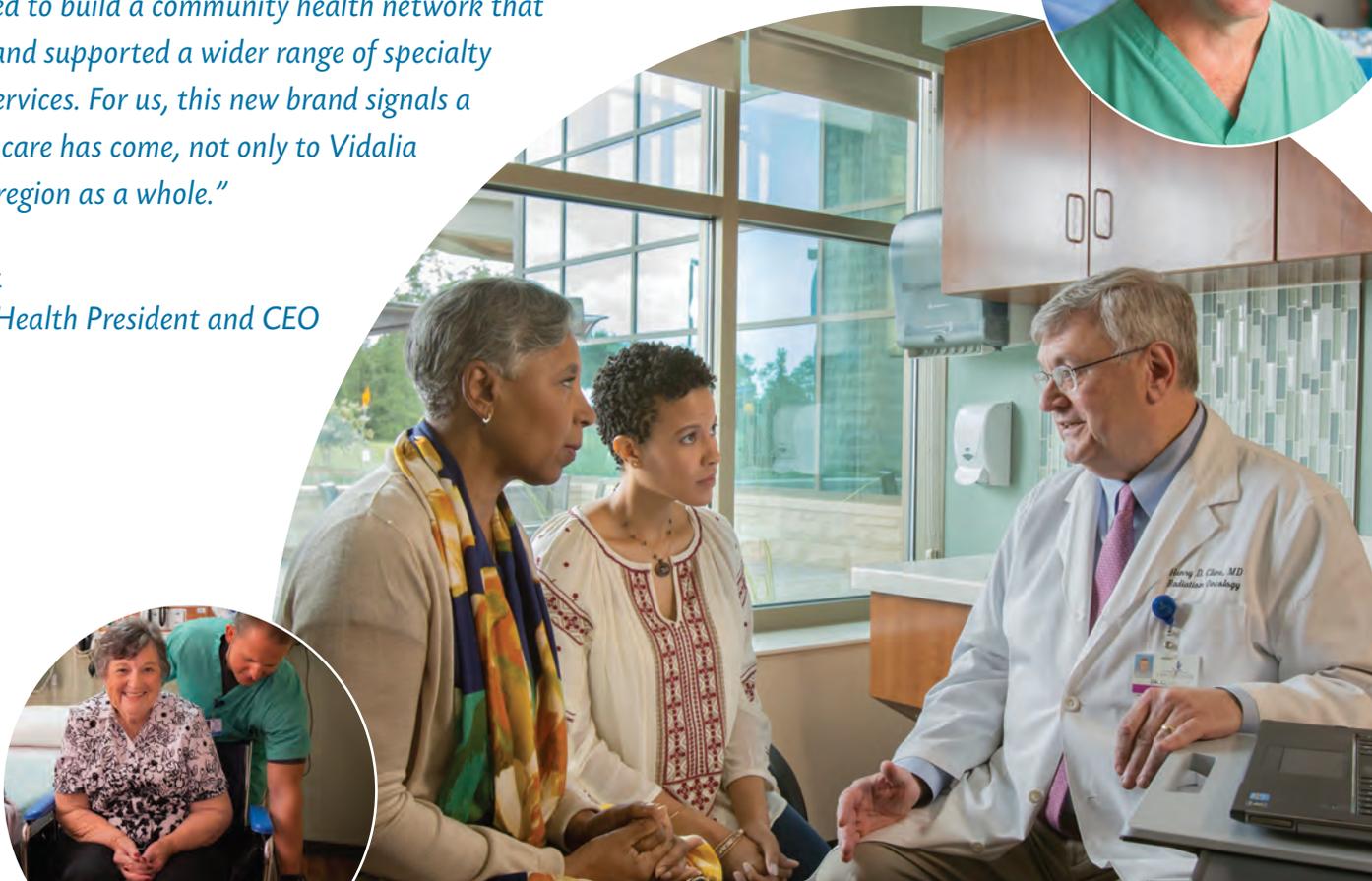
It means uniting physician practices and affiliates under one brand, so that care is seamless and residents have access to a broader range of services.

And it means leading the way in becoming the center of healthcare excellence for Vidalia and the region.

**Because we're far more than a hospital.
We're Meadows Health.**

"We wanted to build a community health network that attracted and supported a wider range of specialty medicine services. For us, this new brand signals a new era of care has come, not only to Vidalia but to the region as a whole."

Alan Kent
Meadows Health President and CEO





Primary CARE

Wellness Care

From customized nutrition and fitness programs to classes and seminars, our Wellness Center offers a range of programs designed to keep and maintain your health. Our center also features a walking track, gym and lap pool.

Women's Health

From routine checkups to labor and delivery, women's health services at Meadows Health have never been more comprehensive than they are now.

At our Women's Pavilion we offer state-of-the-art maternity care in an ultra-comfortable setting featuring spacious, private suites and hotel-like amenities while, our expanded newborn nursery provides a comfortable, secure setting for babies.

We also offer breast health services and cancer treatment including advanced screenings through The Tommy and Shirley Strickland Cancer Center.



Family Practice and Internal Medicine

From wellness checks and health screenings to treatment for illnesses or other healthcare needs, we have a network of family medicine specialists and internists offering primary care services meant to keep you and your family healthy and happy.

Pediatrics

Whether it's for a well-baby visit or treatment for a common childhood ailment, our highly skilled pediatricians and nurse practitioners are here for all your pediatric needs. We also offer more specialized care from infants born in our nursery to babies with special needs or older children in need of more advanced or customized care.



MEADOWS HEALTH

PRIMARY CARE PRACTICES AND SERVICES

Meadows Health
Family Medicine
912.526.9355

Meadows Health
Internal Medicine
1.833.MH4.LIFE (644.5433)

Meadows Health
Pediatrics
912.538.8484

Meadows Health
Women's Center
912.537.1014

SPECIALTY CARE PRACTICES AND SERVICES

Meadows Health
Cardiology
912.535.3500

Meadows Health
Ear, Nose and Throat
912.537.3384

Meadows Health
Gastroenterology
478.277.1255

Meadows Health
General and Vascular Surgery
912.538.9977

Meadows Health
Home Medical
912.537.6930

Meadows Health
Orthopedics
912.538.0040

Meadows Health
Pulmonology and Sleep Medicine
912.538.8105

Meadows Health
Rejuvenate Medical Spa
912.537.3384

Meadows Health
The Tommy and Shirley
Strickland Cancer Center
912.538.7777

Meadows Health
Urology
912.537.9481
478.272.6150 (Dublin)

Meadows Health
Wound Care
912.277.2077

OUR WOMEN'S
PAVILION WELCOMED

812 BABIES

INTO THE WORLD
IN 2017

Specialty CARE



Surgical Services

At Meadows Health we want our patients to have every advantage. That's why we've equipped our highly skilled surgeons with the latest equipment in the most technologically advanced surgical suites in the area.

From high-definition video and advanced monitoring to digital images and medical records that can be accessed in real time in order to consult with fellow specialists, Meadows Health is at the forefront of advanced medicine.

In addition, our surgical team practices the latest techniques such as minimally invasive surgery, which can mean less pain and shorter recovery times for patients.

Orthopedics

Countless patients in Vidalia and the surrounding communities have seen their quality of life restored with the help of our board-certified orthopedic specialists and podiatrist. Practicing the latest techniques for procedures such as total joint replacement, our team of surgeons and sports medicine specialists are able to take patients from diagnosis through rehab and beyond. Our podiatrist is a specialist in the prevention, diagnosis and treatment of lower extremity disorders, diseases and injuries.

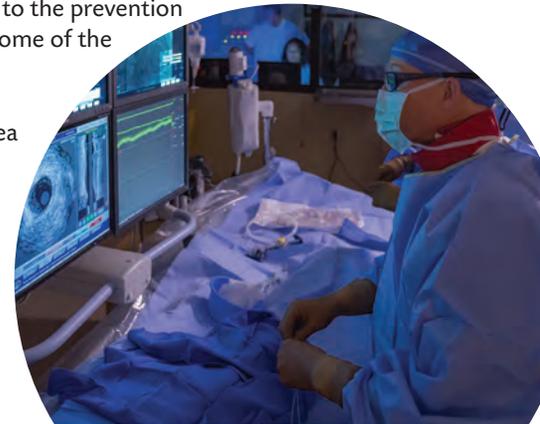
Whether it's for a sports injury or a hip or knee replacement, we have the expertise and advanced technology to provide better, faster outcomes.



Cardiology

From the latest treatment for heart attack patients to the prevention of cardiovascular disease, Meadows Health offers some of the most advanced cardiology services in the region.

In fact, our medical facility is the only one in the area offering radial angiography, used for releasing blocked arteries and one of the most advanced forms of cardiac catheterizations there is. Combined with the latest technology, such as our two 320-slice CT scanners, we can now offer even greater accuracy when it comes to diagnosing and treating heart disease.



OUR SOLUTION:

Meadows Health is fighting back. We're proud to be recognized as a Stroke Care Award Winner.

American Heart Association/American Stroke Association's Get With The Guidelines® Stroke Silver Quality Achievement Award Winner with Target: Stroke™ Honor Roll.

Most hospitals that implement Get With The Guidelines realize measurable results, including improved patient outcomes and fewer recurring events. It's a difference that shows in the lives of patients and their families and in the satisfaction felt by caregivers empowered to do their best.

Sources: Georgia Department of Public Health; Centers for Disease Control and Prevention

14% Higher

Georgia's stroke death rate compared to the U.S.



Cancer is the second leading cause of death in Georgia.

So we built a state-of-the-art cancer center with advanced treatment options and medical experts to care for our community.



Cancer Care

The Tommy and Shirley Strickland Cancer Center brings a range of comprehensive cancer services – from radiation to chemotherapy, targeted molecular therapy and much more – together in one centralized location that’s close to home, providing patients with greater access and convenience.

The center’s compassionate staff practices a patient-centered, holistic-care approach. This means the entire patient and their individual needs are treated, not just their cancer. In fact, every aspect of the 20,000-square-foot center was designed with the patient in mind – from private chemotherapy suites large enough to accommodate family members to windows that look out onto greenery and healing gardens.

“I feel privileged to be part of the Meadows Health family. To see what a compassionate and dedicated group of people are able to accomplish each and every day for the benefit of our community and the health and wellness of our residents, makes me very proud.”

Mid McCain
Vice President of Physician Enterprise

Donna’s Story – “Part of the Family”

After Donna Bruns was diagnosed with breast cancer, she learned that she would need radiation treatment. For Bruns, who had no family in the area and less-than-reliable transportation, the news couldn’t have come at a worse time.

That’s when the staff at The Tommy and Shirley Strickland Cancer Center rallied to her aid.

“One of the first things they told me was that I was part of their family now,” said Bruns, who has fibrocystic breast disease. “They let me know if my car broke down, they would help get me there and get me back home.”

Altogether, Bruns underwent 33 radiation treatments.

“If it weren’t for the cancer center being here in Vidalia, I don’t know how I would have done it,” she said. “I’m very proud of the cancer center and everything Meadows has accomplished.”



Urology

From kidney stones to pelvic disorders or other conditions affecting the urinary tract, our urologists treat a number of conditions and disorders. In addition, we are able to provide quick diagnostics and treatments and can bring in specialists at our cancer center, if needed, to treat such diseases as prostate cancer.

Ear, Nose and Throat Care

Whether it’s ear pain in a child or chronic sinus problems for an adult, our ENT specialists provide a range of services and procedures for all ages. We also diagnose complex diseases and conditions of the upper extremities and employ the latest guidelines and techniques.

Gastroenterology

Our gastroenterologists are skilled at treating a range of stomach and digestive system disorders such as abdominal pain or ulcers. They also treat such diseases as cancer and consult with our surgical team when abdominal operations are needed.



Heart Attack Treatment

70 MINUTES
OR LESS
AVERAGE

DOOR-TO-BALLOON TIME

Meadows Health treatment time is 22% faster than the national standard.

Emergency

A specialized emergency department means when you or your loved one is facing a serious critical injury or illness, you have immediate access to board-certified, trauma-trained specialists and other physicians, nurses and specialized medical staff.

From pediatric traumas or illnesses to heart attack patients, our emergency services department is designed to provide highly specialized care for a range of emergencies.

Our advanced CT technology provides detailed 3D images to help diagnose heart and vascular disease with unprecedented clarity and speed.

Radiology

Since precise high-quality imaging is critical to early and accurate diagnosis, Meadows Health has made a considerable investment over the years in the latest technology and equipment.



From an advanced picture archiving and communication system (PACS), which enables real-time sharing of information, to 320-slice CT scanners, an ultra-short-bore MRI, a separate mammography department and more, we are able to provide patients with fast and accurate diagnoses in a comfortable and safe setting.

Since 10% of Georgia adults have diabetes, it is critical that our residents have access to advanced treatment for wounds – often a complication of diabetes. That’s why we offer specialized care through our award-winning wound care center.

Wound Care

For those suffering from chronic wounds or a wound that refuses to heal, our wound care specialists use an interdisciplinary model of care to treat the wound as well as the patient’s overall health.

Specialized care is provided for wounds relating to diabetes, poor circulation, pressure ulcers, radiation therapy, trauma, vascular diseases and burns.

Rehabilitation

Our licensed therapists are here to help patients who have had surgery or sustained an injury get back on track. We offer both inpatient and outpatient options that work around your schedule as well as home-based services if needed.

Pulmonology and Sleep Medicine

For those with diseases or conditions of the lungs and respiratory tract, we offer pulmonology services as well as treatment for sleep disorders. At our Sleep Center, we treat such conditions as insomnia, narcolepsy, restless leg syndrome and obstructive sleep apnea.

We also offer screenings for such diseases as lung cancer – critical in catching the disease early and increasing the patient’s chances for a better outcome.



For Life! is published as a community service by Meadows Health. Meadows Health is located at One Meadows Parkway in Vidalia, Ga., online at www.meadowhealth.com and by phone at 912.535.5555.

If you do not wish to receive further newsletters, contact Elizabeth Harvill, Director of Marketing and Community Relations at Meadows Health, at 912.538.5892.

If you have specific concerns about your health, please contact your doctor.

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One Meadows Parkway
Vidalia, GA 30474

NONPROFIT
ORG
U S POSTAGE
PAID
MEADOWS REGIONAL



The Leapfrog Hospital Safety Grade is an elite designation from The Leapfrog Group, a national, independent watchdog that sets the highest standards for patient safety in the United States.

Ellabell resident finds hope at The Tommy and Shirley Strickland Cancer Center

When Gerald Brady's cancer returned in 2017, he wasn't sure where he was going to go for treatment. Gerald, who lives in Ellabell, Ga., had his prostate removed in Savannah in 2014 and thought he was done with cancer. Unfortunately, a follow-up visit to his family doctor told a different story.

Fortunately, Gerald's wife, Glenda, found The Tommy and Shirley Strickland Cancer Center about 60 miles away, in Vidalia. For the next eight weeks, Gerald underwent daily radiation treatments.

Today Gerald is back tinkering on bikes in the motorcycle repair shop he owns. And when he thinks of all the people at the center, he smiles.

"Those people over there are fantastic," he said. "From the nurses to the front desk staff to Dr. Cline, they are all just fantastic."

Meadows Healthcare Foundation Helping to Bring Advanced Healthcare to Vidalia and Beyond

At Meadows Health, your health and wellness is important to us. Chronic diseases and conditions affect all of us here in Georgia – whether it's cancer, cardiovascular disease, diabetes or respiratory disease. We also believe preventive care is just as important in maintaining health and wellness.

That's why providing comprehensive healthcare services – both primary and specialty care – is our primary mission and bringing "big city" medicine to Vidalia and surrounding communities means better outcomes for all of us.

Want to Help Bring Advanced Healthcare to Vidalia and Beyond?

Thanks in part to the Meadows Healthcare Foundation, Meadows Health today features a state-of-the-art hospital with private rooms, six surgical suites, a large emergency department, Women's Pavilion and a new 20,000-square-foot cancer center.

Want to Help?

To learn how you can help call 912.535.5555, or visit www.meadowhealth.com/about-us/meadows-foundation.



Learn more at MeadowsHealth.com or call 912.535.5555.